



Thank you for your interest in choosing Jennifer to speak to your students. Jennifer can tailor her messages to apply to elementary, junior high, or high school; events with teachers and parents; and events with boys and girls or just teen girls. She is willing to work within the theme, timeline, needs, and standards of your school environment.

- We consider it an honor to share in making your assembly an empowering experience for all who attend. If you have questions regarding planning, please contact us at [contact@urmore.org](mailto:contact@urmore.org) or call (817) 251-9162.
- For more information about inviting Jennifer to speak at your school, please fill out the Speaking Request Form found here: <http://www.urmore.org/information.php>.

#### **SPEAKING TOPICS:**

##### TRUE BEAUTY:

Drawing upon her experiences in the modeling industry, Jennifer shatters the illusion that outward beauty equals inner fulfillment. By sharing powerful stories from the industry that highlight her struggle for self-worth, Jennifer reveals the media's portrayal of beauty is not the true definition of it. She inspires students to build their lives from "the inside out, instead of the outside in," by challenging them to grow their gifts and talents. Attendees will be inspired to challenge the media's notion of beauty and define it in a new way for themselves.

##### U R MORE:

The "U R More" message is centered on one idea: the students are worth "more" than what they see in the media; "more" than what they look like; "more" than how much money they make; "more" than their list of achievements; "more" than what their peers think; and more than the number of followers they have on Twitter or Instagram!

Jennifer's experiences in the modeling industry taught her that when people identify their value by outward appearance, their self-worth suffers. When she left the modeling industry, she found that her inner strength, inward talents, and unseen gifts are the real source of her beauty and power.

Attendees will be taught that regardless of popularity, background, or beliefs, they too are "Made for More." Students will be challenged to test their sent messages via text and social media to make sure their words empower others for More and not Less. Attendees will be inspired to protect and care for their bodies, because when they do, they protect their futures for a life of "More."

##### MORE THAN YOU KNOW:

Young people are tempted to look to the wrong things for their value. In this 1-3 session series, Jennifer reveals the distortions of looking to "men, mirrors & the media" for one's identity. When possible, she can go in depth about the dangers of allowing outside influences to define us. She inspires students to find their identity, worth, and purpose separate from outside sources. Topics covered can include sexual purity, body image, self-esteem, eating disorders, drug and alcohol abuse, depression, suicide, self-harm, bullying, and social media addiction. Students will walk away inspired to get their value from their inherent worth rather than the ever-changing mirrors surrounding them.

##### MOVING ON AND MOVING UP:

How do we move on from painful experiences and relationships? Jennifer shares her journey to forgive her past and use it for the good of others. She will encourage students to move from victim to victor, pain to purpose, and anger to forgiveness. Hearers will be challenged to speak up for themselves, address their hurts, and move on to a future of "More." Students will realize they aren't defined by their pasts; instead they define their futures.