

## Gender Confusion

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At U R More, we believe in an empathetic and wisdom-based approach to care for gender confusion and gender dysphoria. As the widespread use of gender blockers, hormones, and transfiguring surgeries have drastically increased, our ministry is addressing this issue by sharing resources with parents and teens. Our goal is to help young people see their value, identity, purpose, and bodily integrity from a biblical perspective. Our perspective is in alignment with the American College of Pediatricians and Focus on the Family.

We encourage you to explore the resources below to inform yourself as much as possible about how gender ideology may affect you or your child. We encourage you to take advantage of this list of resources and seek the help of a Christian counselor, therapist, or physician. We affirm God's truth that we are created male and female with intention and purpose. The following are recommended resources to help you navigate this journey with love, grace, and truth.

**Each underlined phrase is a link to more information.**

American College of Pediatricians: [Gender Confusion and Transgender Identity](#)

- [Physicians Statement](#)

Focus on the Family: [Helping Children with Gender Identity Confusion](#).

- [Transgender Resources](#)

Family Watch International: [Transgender Issues Videos](#)

### BOOKS:

[Irreversible Damage](#) by Abigail Shirer

[Lost in Trans Nation: A Child Psychiatrist's Guide Out of the Madness](#) by Miriam Grossman, MD

[On Gender and the Bible: Thoughts of a Theologian and a Therapist on the Transgender Debate \(Part 11\)](#) — this is a part of a series, and this is a very helpful portion of it.

### NOTE:

We do NOT endorse Teen Vogue, American Girl, Ulta, and other brands that teach young children they can become boys if they want to. This is harmful towards the development of a positive self image, which includes accepting and caring for the body you are in. At U R More, we promote positive self-care and healthy body image by teaching women and girls to care for their bodies as the temples of God, to embrace the positive attributes of femininity, and practice gender appreciation. We honor both male and female as God designed us, and respect both men and women's functions and roles in the family.

We are grateful that as women / females, our bodies have the capability to bring new life into the world. This is a gift from God. We believe women are specifically designed to continue the cycle of life through the man's seed planted within her; we are the breath and life of our homes and society; and we honor our role as mothers, wives, sisters, and daughters—and count it a gift to be a woman. Our goal is to draw a positive picture of womanhood that can truly be esteemed by the younger generation.

To follow Jennifer's I AM A WOMAN podcast, [click here](#).

To stay on Jennifer's mailing list for more resources, [click here](#).